



# SRINIVAS UNIVERSITY

Srinivas Nagar, Mukka– 574 146, Mangalore.

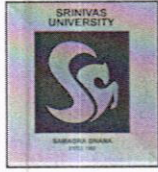
(Private University Established by Karnataka Govt. ACT No.42 of 2013, Recognized by UGC, New Delhi, & Member of Association of Indian Universities, New Delhi)

## 3.6.2.1 Number of extension and outreach programs conducted by the institution through NSS/NCC

Detailed list and report for each extension and outreach program to be made available, with specific mention of number of students participated and the details of the collaborating agency Government and Government recognized bodies for the Year 2022-23.

### List of the activities for the Year 2022-23 Page No **2**

Name of the activity	Organizing unit/ Forum/ collaborating agency	Date of the activity DD-MM-YYYY	Number of students participated in such activities	Page No.
Blood Donation Camp	NSS	07-03-2023	25	3-4
The Drug Free Mangalore City event	NSS	26-07-2023	120	5-6
Awareness Programme for Prisoners in District Prison Mangaluru	NSS	07-03-2023	64	7-8
Old age home visit	NSS Activity Conducted by Students of MBA Department	22-07-2023	76	9-10
Donation	NSS Activity Conducted by Students of MBA Department	12-07-2023	34	11-12
Conducted a Yoga Demonstration program for NSS Volunteers in Srinivas University city campus Pandeshwar.	NSS Activity	19-05-2023	60	13
International Yoga Celebration	NSS	21-08-2022	60	14
NSS Shramadhan	NSS Activity	14-12-2022	30	15
International women's celebration 2023	NSS and Departmental Activity	08-03-2023	60	16
Workshop on preparation for exam	NSS and Departmental Activity	16-03-2023	57	17
Vanamahothsava	NSS	03-08-2022	75	18
Drawing Competition	NSS	19-09-2022	75	19
Beach Cleaning/Road Sanitation Program Swachh Bharath Abhiyan	NSS UNIT	17-09-2022	75	20
Essay Writing Competition @ D.K.Z.P.H.P School, Malar and Pavor-2022	NSS UNIT	15-09-2022	75	21
Yoga and Meditation camps	NSS UNIT	19-09-2022	75	22



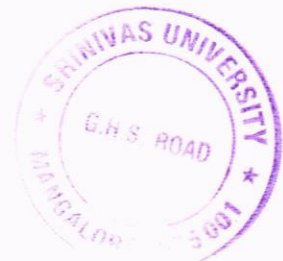
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Essay Writing Competition @ D.K.Z.P.H.P School, Malar and Pavoor-2022	NSS UNIT	15-09-2022	75
Yoga and Meditation camps	NSS UNIT	19-09-2022	75

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**3.6. 2 Number of extension and outreach programs conducted in collaboration with industry, community and Non- Government Organisations through NSS/NCC/Red cross/YRC etc., during the last five years**

**REPORT 2022-23**

**1. Department of Medical Laboratory Technology, IAHS – Blood Donation Camp – 07 March, 2023**

With the blessings of A Shama Rao, Founder of Srinivas University, under the guidance of Dr. CA A. Raghavendra Rao, Honorable Chancellor of Srinivas University and Dr. A Srinivas Rao, Honorable Pro-Chancellor of Srinivas University.

Department of Medical Laboratory Technology, Institute of Allied Health Sciences, Srinivas University, Mukka organized a blood donation camp on 7th March 2023 at 9:30 AM at the Blood Bank in Srinivas Hospital, Mukka.

The dignitaries for the Day were Dr. David Rosario (Medical Superintendent), Dr Madhukara Devadiga (Blood bank Medical Officer), Freeda D'souza (Operation Manager), Prof. Pavana Krishnamoorthy (Dean, IAHS) and Dr. Beena H B (Dean, IAHS).

The students and faculties of IAHS actively participated in this blood donation camp and more than 60 units of blood were collected from this camp and given to Srinivas Hospital, Mukka.

The Hospital had arranged refreshments for those who donated blood. Students and other people who had participated in this blood donation camp were given a certificate as a token of appreciation. The event ended by 4:00 p.m.

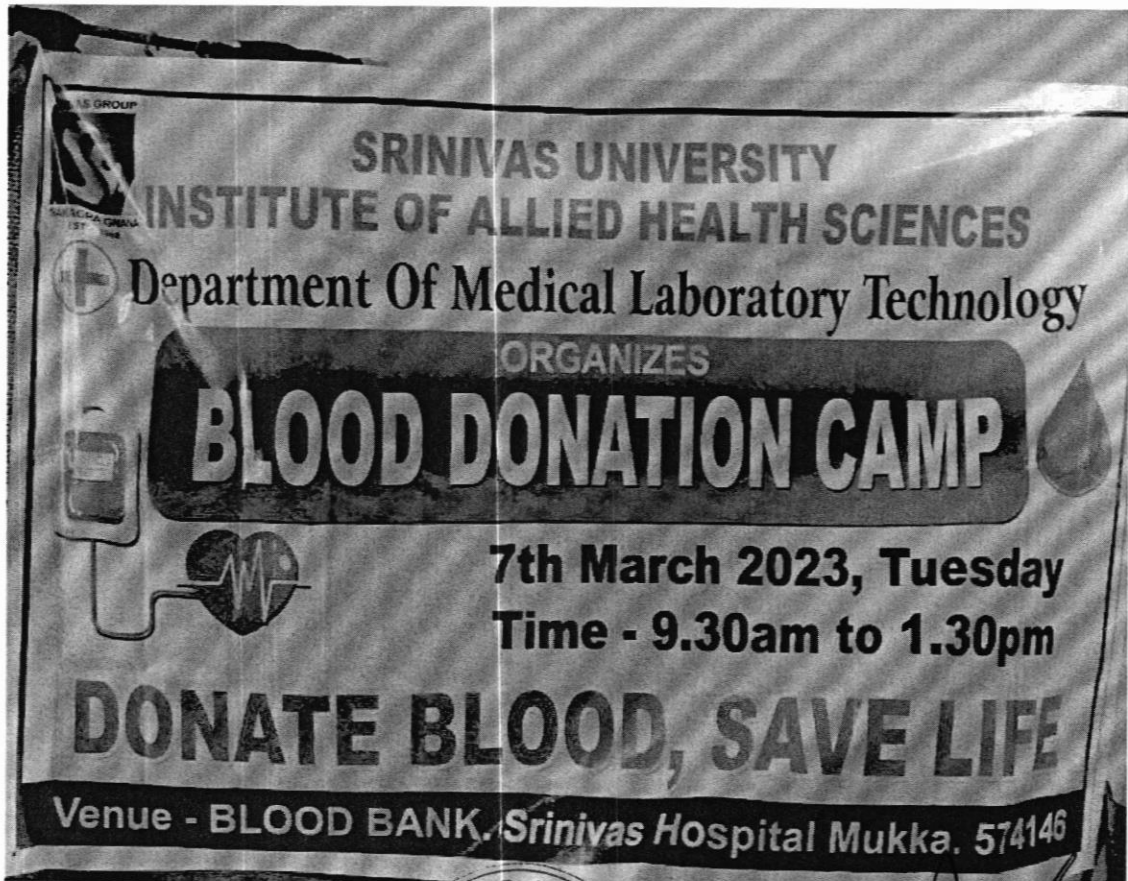
Organizers of the program were Mr Naveen Bappanadu (Course Co-ordinator of Medical Laboratory Technology, Ms Anjally Devasia (Assistant Professor), Ms Maureen Edwards (Assistant Professor) and Ms July Mary Johnson (Assistant Professor).



*Dr. A. Srinivas Rao*  
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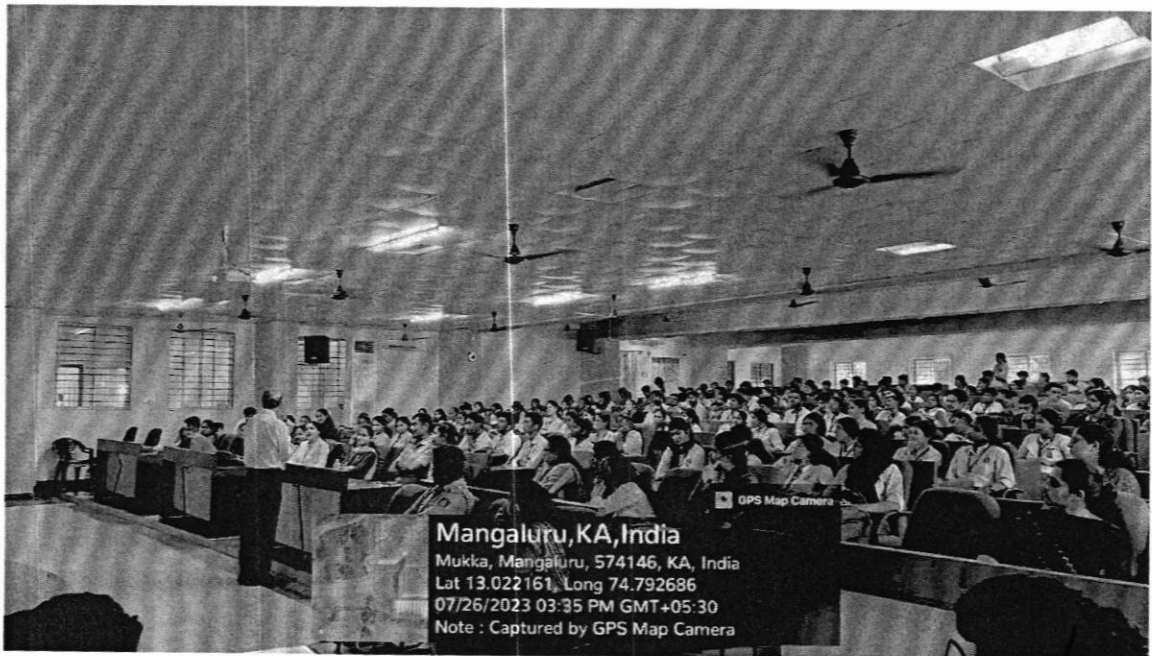
### 2. DRUG-FREE MANGALORE CITY

Institute of Allied Health Sciences, Srinivas University, organised The Drug-Free Mangalore City event in collaboration with Surathkal Police Station, Mangalore. The program was held on 26th July 2023 from 2:00 PM to 4:30 PM. The event aimed to address the growing concerns of drug abuse in Mangalore city and seek ways to create a drug-free environment.

The event witnessed the presence of esteemed dignitaries, including Mr Mahesh Prasad, Inspector, Mr Raghunaik, Sub-Inspector, and Mr Arun, Sub-Inspector from the Surathkal Police Station.

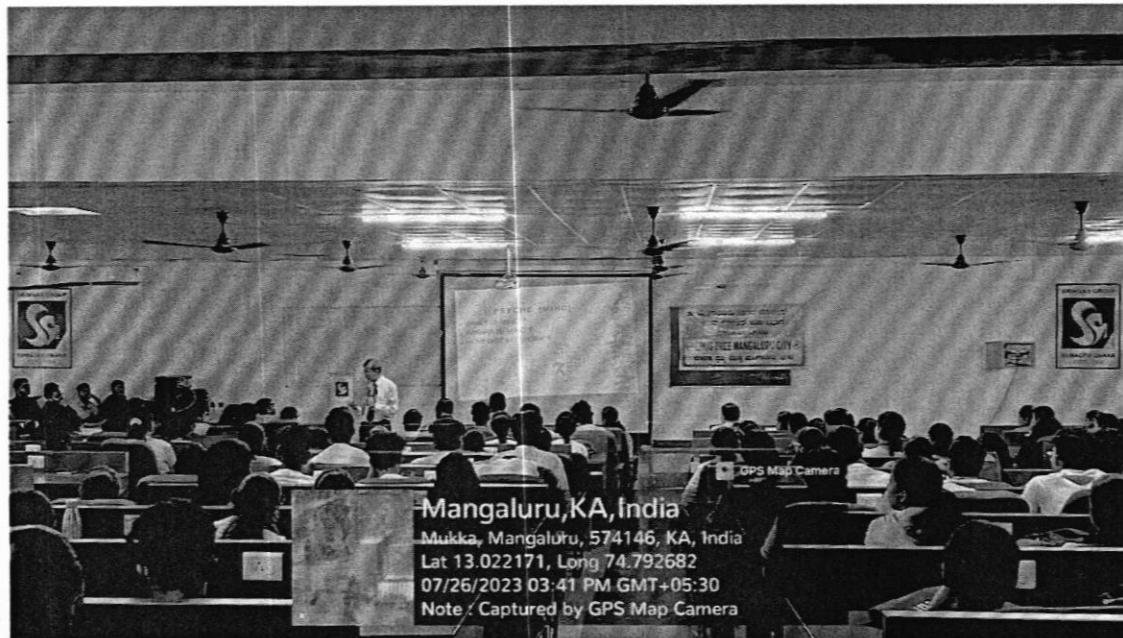
The guest speaker for the event was Dr. Ravisha Tunga A, Prof and HOD of Psychiatry Department, A.J. Institute of Medical Sciences and Research Centre, Mangalore. Dignitaries present on the dais were Dr. Beena HB, Dean IAHS and Prof. Pavana Krishnamoorthy, Dean IAHS and Dr. Udayakumar Rao, Dean SIMS&RC.

The Program was conducted in 2 phases. Phase 1 was held on 22<sup>nd</sup> July 2023 at the Faculty level and Phase 2 was held at the Student level.



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## 3. DEPARTMENT OF FORENSIC SCIENCE

### ONE-DAY AWARENESS PROGRAMME FOR PRISONERS IN DISTRICT PRISON MANGALURU

With the blessings of A Shama Rao, founder of Srinivas University and under the guidance of Dr CA A Raghavendra Rao, chancellor of Srinivas University Mukka, Surathkal, Mangaluru. On March 07<sup>th</sup>. 2023 Department of Forensic Science, IAHS conducted a one-day awareness programme for prisoners in district prison Mangaluru by undergraduate and postgraduate students along with faculties of the Forensic Science department with the help of the jail superintendent and staff, district prison, Mangaluru. The purpose of the program was to create awareness among the prisoners: through a reformatory programme.

The chief guest for this programme was Shobha B J, senior civil court judge, along with B T Obhaleshappa, superintendent district prison Mangaluru and Swathi D, course coordinator, department of Forensic Science, Srinivas University. Students conducted an awareness session through a skit and tried to convey a message that 'Not to lose hope as mistakes shall be rectified and one can overcome the hardships in life'.

At the end of the programme, prisoners gave feedback and shared their feelings. The guest along with the organizer addressed the public and gave their opinions. The programme was ended by felicitating the dignitaries on the dais.



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VRHR+CWP, Mangaluru, Karnataka  
Lat 12.87892°  
Long 74.84304°  
07/03/2023 11:04 AM GMT +05:30



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## 4. SRINIVAS UNIVERSITY

### Pandeshwar Campus, Mangalore-01

Institute of Management and Commerce and

Institute of Port Shipping Logistics and Supply Chain Management

### NSS ACTIVITY CONDUCTED BY STUDENTS OF MBA DEPARTMENT

22/07/2023

### SEVAA BHAAVA CHARITABLE TRUCT- DEREBAIL –KONCHADI, SRI DURGA

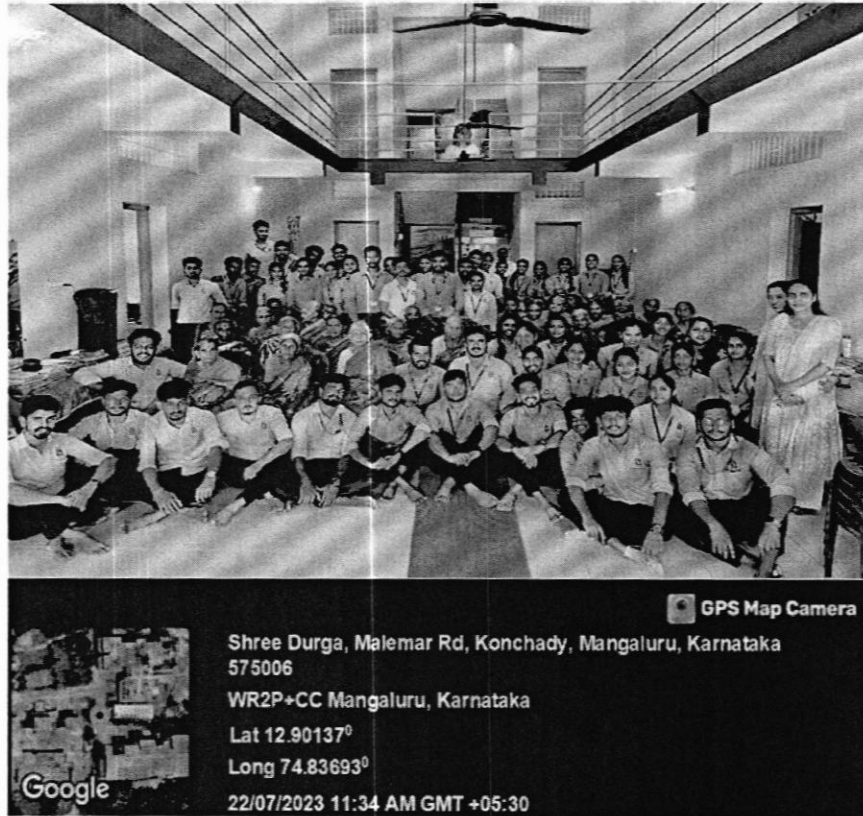
Blessed are those who have the old with them. Goes old saying. On 22/07/2023 Srinivas University, institute of Commerce and Management, city campus, Mangalore Organized an old age home visit for MBA students on behalf of the women's cell committee which is situated in Mangalore at Sevva Bhaava Charitable Trust Derebail, Students entertained the women's of the old age home with melodies singing and dance. A gift and some funds were given to the home on behalf of the women's cell. Students are happy and we thank our dean and HOD, Prof Venkatesh and Prof Amit for giving us the opportunity and arranging this visit. Dr Sujaya S Mendon was the faculty coordinator of this program. Students made the old age home members happy and spread positive-words to them. They were very clear in making the old age people happy and cheering.



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The women's cell of the University also engaged boys too to this program. The program was planned well in advance and was made to be delivered on time. The charitable organization was given monetary contributions by students on the spot and handed over to the charitable organization.

**Conclusion:** This program brought together all students and faculty members. The micro learning has been good and they came back and shared their experiences with other university students.



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## 5. SRINIVAS UNIVERSITY

**Pandeshwar Campus, Mangalore-01**

Institute of Management and Commerce and

Institute of Port Shipping Logistics and Supply Chain Management

### NSS ACTIVITY CONDUCTED BY STUDENTS OF MBA DEPARTMENT

**12/07/2023**

A forum Activity was conducted; by the students of the MBA department about the CSR activity of both the departments IMC and IPSSM. Charity begins at home was the theme and the same, was trained and taught to students through a program conducted today on the 12th of July 2023. Products- were purchased by students based on the money pooled in and food items were donated to an orphanage for the greater good of the inmates and destitute. Food products and grocery items were purchased and donated. Faculty members too added their contribution in terms of money and deeds making this activity the most learning and memorable event

**Why this programme was conducted:** This was conducted to ensure students learn how an old age home runs and how it creates a better life for the destitute and the downtrodden.

**Where and how this was conducted:** Students were taught cause marketing and they utilized this learning to implement in real-world situations, by practically implementing the same.



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**Conclusion:** This programme helped students to understand the reality of life and how life changes when there is economic disturbance in an individual's life. Students were happy donating items that they bought with their pocket money and students contributed to the betterment of people in the old age home at Prashanth Nivas, Valencia, Mangalore.



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### 6. Conducted a Yoga Demonstration program for NSS Volunteers in Srinivas

#### University city campus Pandeshwar.19-05-2023

Institute of Social Sciences and Humanities and the Institute of Hotel Management and Tourism conducted a Yoga Demonstration program for NSS Volunteers in Srinivas University city campus Pandeshwar. The Yoga demonstration program was led by Dr Padmanabha C.H associate professor Institute of Education Srinivas University, the stage was shared by Programme President Dr Laveena D." Mello, NSS Coordinator SU, Prof. Padmamabha K. NSS faculty convenor institute of hotel management and tourism, Prof. Joyson Prenky Cardoza NSS faculty convenor institute of social sciences and humanities, Dr . Vidya N coordinator of SIRRA and student convenors Mr Shashank and Mr Sijo. Total participants 60.



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### 7. INTERNATIONAL YOGA DAY CELEBRATION @ D.K.Z.P.H.Primary School, Chelairu. 21-08-2022

Srinivas University Institute of Social Sciences and Humanities, Pandeshwar campus under Unnat Bharath Abhiyan Forum, Srinivas Institute of Rural Reconstruction Agency (SIRRA), and NSS conducted International Yoga Day Celebration at Dakshina Kannada Zilla Panchayat Model Higher Primary School, Chelairu on 21st June 2022. The chief guest Chelairu GP PDO K. Nithyananda addressed the gathering and explained the importance of Yoga in everyone's life. Education Department of Mangalore Block Resource Person Nagaraj M. explained how yoga is connected to our daily life and our health. Requested students to continue yoga in their daily life not keep it for only yoga day. Head Mistress of Dakshina Kannada Zilla Panchayat Model Higher Primary School, Chelairu Krishnaveni presided over the function. Resource Person, Yoga Instructor, and PRO of Komalsparsh Counselling Centre Sunitha Nayak conducted Yoga sessions for students. Srinivas University SIRRA Co-Ordinator Dr Vidya N., Faculty Convenor of the programme and Assistant Professor of ISSH Prof. Joyson P. Cardoza, Srinivas University ISSH BA Journalism and Mass communication lecturer Prof. Sushmitha, teachers of Dakshina Kannada Zilla Panchayat Model Higher Primary School Chelairu, MSW & BSW Students of Srinivas University ISSH, students of Dakshina Kannada Zilla Panchayat Model Higher Primary School, Chelairu actively participated in Yoga day celebration. Student Prajna welcomes the gathering. A vote of thanks was delivered by Shreyas Shenoy and Raju was the MC for the programme.



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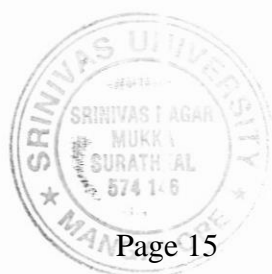
## 8. NSS SHRAMADHAN

Institute of Social Sciences and Humanities NSS forum Organised Shramadhan program at Womens PU college Carstreet on 14 December 2022. 30 students from the Institute of Social Sciences and Humanities Actively participated in the Shramadhan program.

NSS Faculty Convener Prof.Sushmitha and Prof.Joyson Prenky Cardoza were present.



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### 9. Institute of Social Sciences and Humanities celebrates International Women's Day

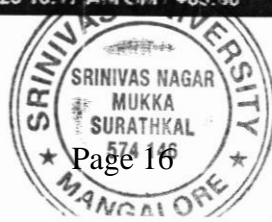
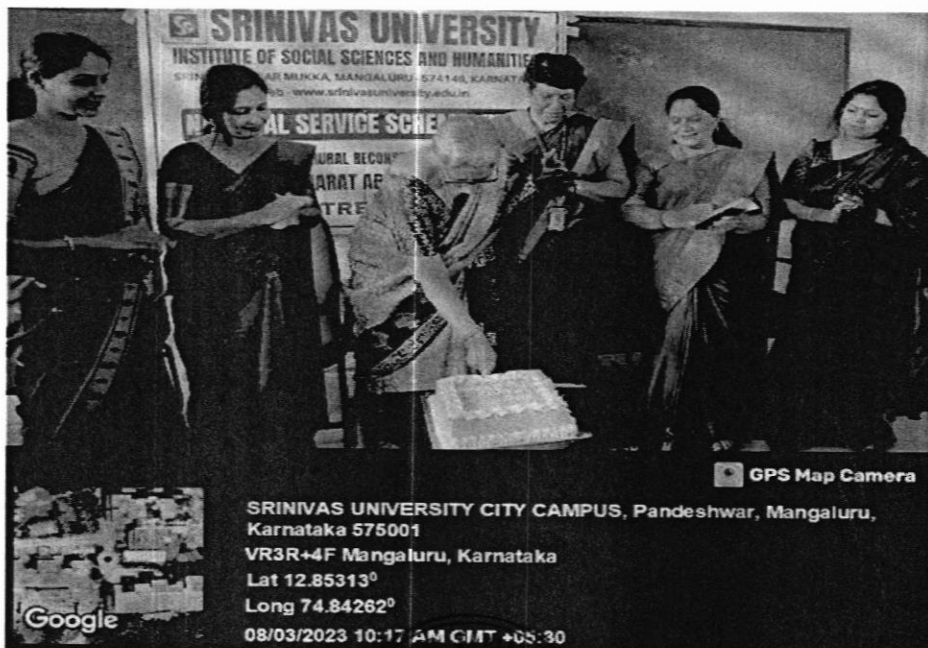
Mangalore: International Women's Day was celebrated at Srinivas University Institute of Social Sciences and Humanities in its Pandeshwar campus on Wednesday, March 8, 2023

Addressing the gathering Research Professor, Srinivas University, Dr. Manjula KT said, "We can't have women's freedom without the support of men. It's important to have Women's Day to make us and others remember gender equality and rights in society. India admitted women much before other countries, which is a great moment for all Indians. Do we have gender equality today? No, if so, we wouldn't celebrate International Women's Day every year. We should avoid having gender differences and caste differences in our society."

Dean of the Institute of Social Sciences and Humanities, Dr. Laveena Dmello, in her presidential remark said, "This is the day to recharge ourselves and to know about the rights of women. The theme for the year 2023 is "digit all innovation and technology for gender equality". Equality doesn't mean we are superior to another gender."

Dr Vidhya N, Dr Pradeep M. D. Prof. Susmitha, Prof. Joyson Prenky Cardoza, Prof. Shreeraj Acharya, Research Scholars Ms Ashwani, Ms Indu Nair, Ms Drishya, Mr Shivaraj and students of Institute of Social Sciences and Humanities were present.

Student Ajil Joshep welcomed the gathering, Swathi proposed the vote of thanks, and Anamika compered the event.



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### **10. Workshop on preparation for exam**


Institute of Social Sciences and Humanities, Srinivas University has organized a Workshop on "Exam preparation" for 8th and 9th standard students of Government High School Talapady on 16th March 2023 as a part of the NSS Program. Mrs. Sunitha, Counsellor, Komalsparsh Counseling Centre, Mangalore was the resource person. Dr Vidya. N Associate Professor Srinivas University was the President of the programme. Mrs Sharmila Headmistress was present in the event. The BSW students of Srinivas University coordinated the event.

**Srinivas University**  
City Campus, Pandeshwara, Mangaluru, Karnataka 575 001

Institute of Social Sciences and Humanities  
&  
Dakshina Kannada District Panchayat Government High School, Talapady

**WORKSHOP**  
On  
**"Preparation for Exam"**

Resource Person



**Ms. Sunitha**  
Counsellor  
komalsparsh counseling centre

**Dr. Laveena D'Mello**  
Dean  
Institute of Social Sciences  
and Humanities

**Mrs. Sharmila Uechila**  
President  
Head Mistress

Program Convenor

**Faculty Convenor**  
Dr. Vidya N  
Associate Professor  
ISSH

**Student Convenor**  
BSW II Year Students  
ISSH

16 March 2023 | 10:30 a.m.

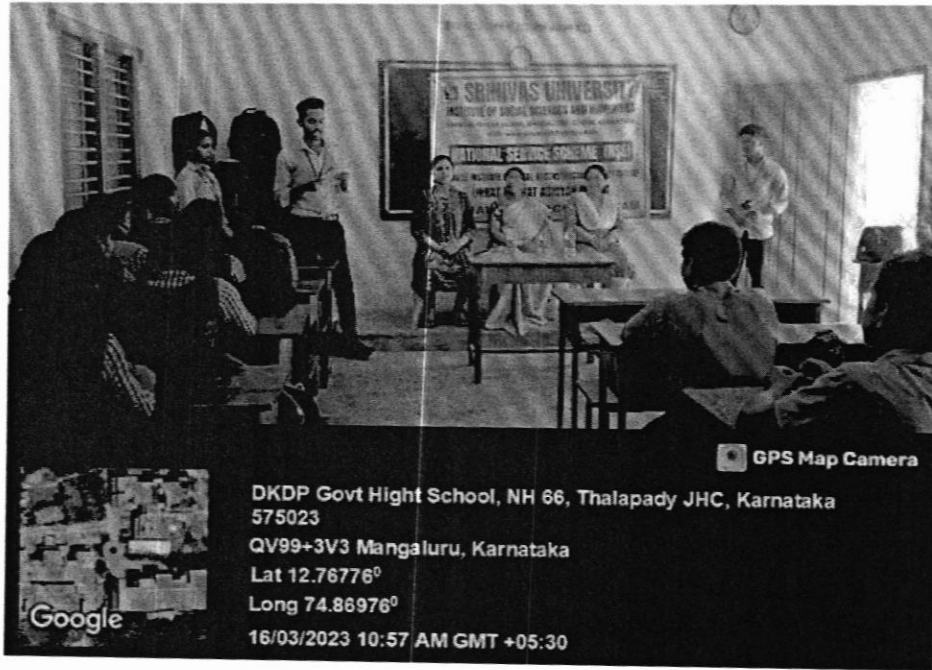
Dakshina Kannada District Panchayat  
Government High School, Talapady



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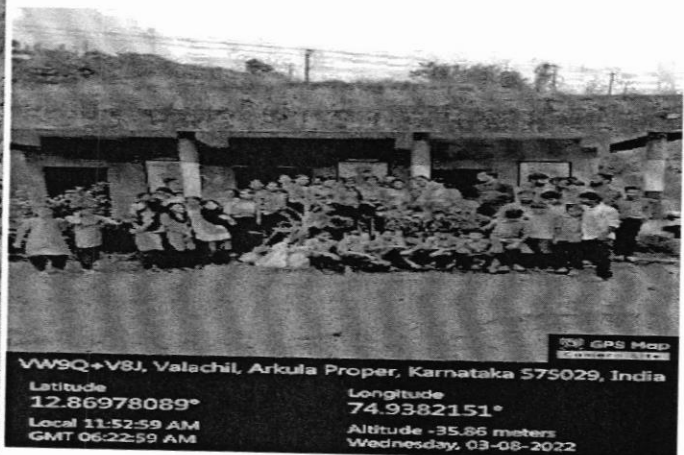
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## 11. Vanamahotsava

### VANAMAHOTSAVA AT VALACHIL

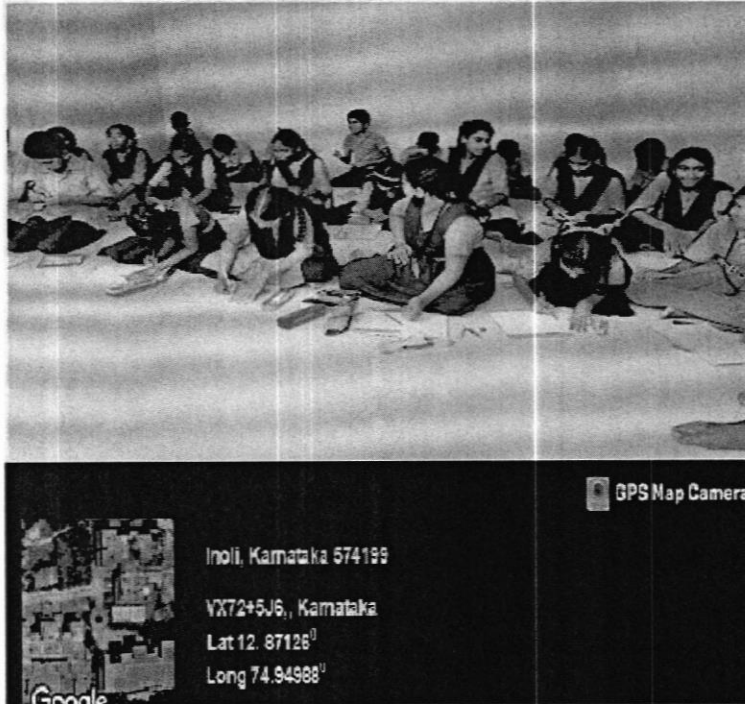
Mangalore, August 03, 2022 : Unnat Bharat Abhiyan Forum of Srinivas University in collaboration with Srinivas Institute of Rural Reconstruction Agency (SIRRA) organised a Vanamahotsava in Dhakshina Kannada Zilla Panchayat Higher Primary School, Valachil, Mangalore. It is a school, which is one of the villages adopted by Srinivas University under the Unnat Bharat Abhiyan program of MHRD, Government of India



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## 12. Drawing Competition



Mangaluru 19th September 2022: Unnat Bharath Forum Srinivas University Mangalore in Collaboration with the Institute of Social Sciences and Humanities has organized a Drawing Competition for the students of D.K.Z.P. Higher Primary School Inoli. The program was organised by the students of Social Work. About 20 Students Participated in the event.

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### 13. Beach Cleaning/Road Sanitation Program Swachh Bharath Abhiyan

Ajadh kaaamruthamahahotsva "the swatch sagar, surakshithsagar" We the fifty-one b.sc. Nursing students of Srinivas university institute of Nursing Sciences, mukka, Mangalore the health and family welfare of Dakshinakannada/karnataka had planned on behalf of "Ajadkaamruthamahahotsva "the Swatchasagar, surakshithsagar "abiy an on 17/09/22.



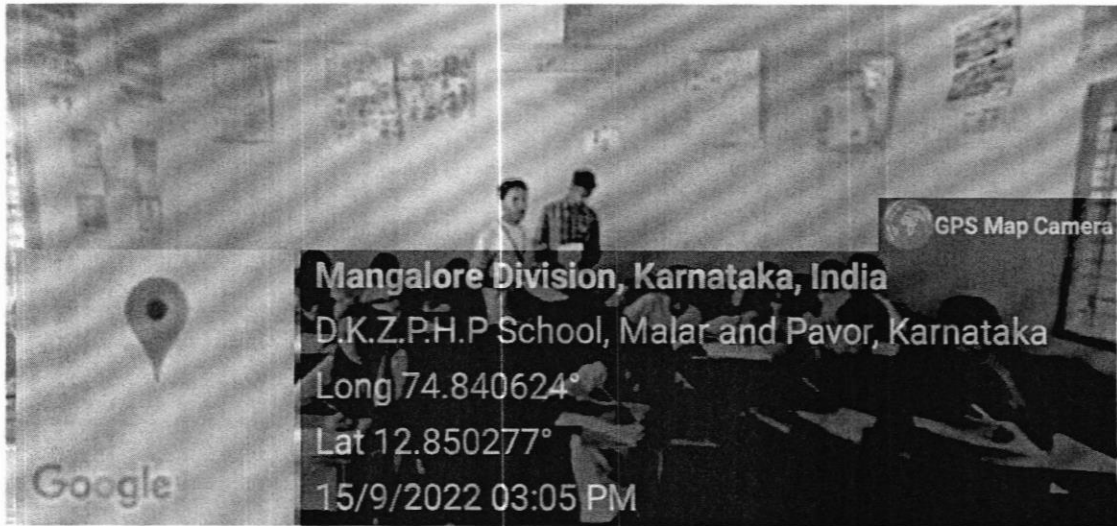
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### 14. Essay Writing Competition @ D.K.Z.P.H.P School, Malar and Pavor-2022

Mangaluru, 15th September 2022: Unnat Bharath Forum Srinivas University Mangalore in Collaboration with the Institute of Social Sciences and Humanities has organized an Essay writing Competition for the students of D.K.Z.P. Higher Primary School Malar and Pavor. The program was organised by the students of Social Work. About 60 Students Participated in the event.



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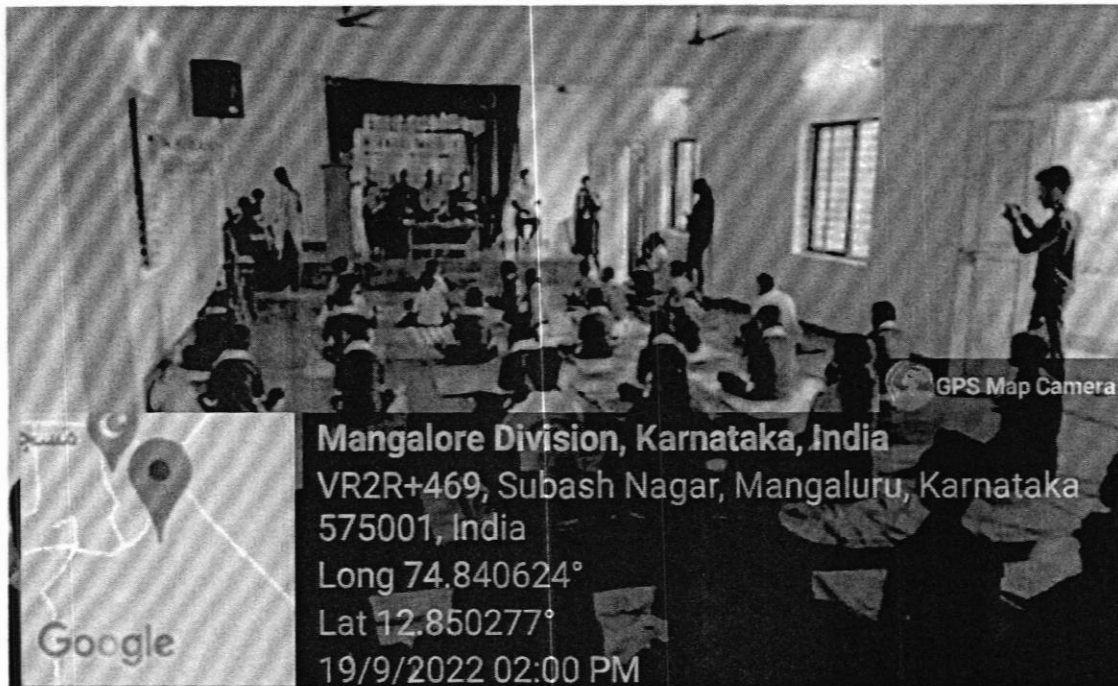
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### 15. Yoga and Meditation Camps

#### YOGA DEMONSTRATION PROGRAMME”

Srinivasa Institute of Nursing Sciences conducted a Yoga Demonstration Programme as per the order of the Ministry of Ayush, Government of India for NSS Volunteers in Srinivas University City campus, Mukka on 19-09-2022 at 2 pm.

Yoga instructor Dr. Jose Dean of the Srinivasa Institute of nursing sciences demonstrated the various yoga Asanas and also explained the importance of yoga in maintaining good mental health and physical health of students. A total of 15 NSS Volunteers participated and took the training in various yoga Asanas. The session was very refreshing and relaxing for all the participants. It ended with a vote of thanks.



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